



Dual Sports Participation

East Rochester, in conjunction with Section V and The NYSPHSAA allows for Dual Sports Participation in the same season. [Dual Participation Language](#) In addition to NYSPHSA guidelines on dual participation, the language relative to East Rochester will be evaluated annually to provide clarity and guidance to student-athletes, coaches and families wishing to participate in dual sports in the same season.

At this time, participation in dual sports is permitted in East Rochester in the fall and winter seasons on a case by case basis. Dual sports participation in the spring is limited due to practice and game schedules along with the unique scheduling nature of each sport offered in the spring.

The commitment and intentions around dual sports participation must be communicated by the athletes, coaches, parents and athletic office prior to the start of the season. It is the student-athletes responsibility to begin the process in a timely manner well in advance of the season they plan to potentially dual participate in.

The following signatures are needed by all parties involved prior to the beginning of the 2nd week of practice in any sport or at the time any potential cuts must be made. This will allow for opportunities for all athletes and minimize the disruption of dual sports participation can have on the scheduling and makeup of a team.

Identify Primary Sport _____

Identify Secondary Sport _____

Student Athlete Name (Please Print) _____

Student Athlete Signature _____ Date _____

Parent Signature _____ Date _____

By signing above, both the parent/guardian and student athlete recognize that there will be conflicts, and scheduling of events and transportation will provide obstacles.. Students and parents/guardians will do their best to support the commitment to two sports in one season while still maintaining an academic focus throughout the season.

(see back page)

Primary Sport Coach _____ Date _____
Approval _____ Denial _____

Secondary Sport Coach _____ Date _____
Approval _____ Denial _____

Once the student athlete has acquired all necessary signatures they should return the form to Mrs. Gillette in the main office for remaining steps in the athletic office.

Athletic Office Rationale _____

Athletic Office Signature _____ Date _____
Approval _____ Denial _____